



**U.S. OLYMPIC
TRAINING SITE**
THE PETTIT NATIONAL ICE CENTER



Pettit National Ice Center Figure Skating Program

Summer 2017 Off-Ice Class Schedule

ALL classes will meet downstairs in the Bronze Room;

Strength & Conditioning classes may then travel up to the weight room on some days.

JUNE

June classes that don't meet the minimum contracted participant requirement will be cancelled on June 1st.

Mondays June 12, 19, 26

- 8:30am-9:45am (75 minutes) Ballroom & Latin w/ Marty
- 10:00am-11:00am (60 minutes) Strength & Conditioning w/ Justin

Thursdays June 15, 22, 29

- 5:40pm-6:40pm (60 minutes) Ballroom & Latin w/ Marty
- 6:45pm-7:45pm (60 minutes) Strength & Conditioning w/ Justin

JULY

July classes that don't meet the minimum contracted participant requirement will be cancelled on June 29th.

Mondays July 10, 17, 24 (NO 7/3, NO 7/31)

- 8:30am-9:45am (75 minutes) Ballroom & Latin w/ Marty
- 10:00am-11:00am (60 minutes) Strength & Conditioning w/ Justin

Tuesdays July 11, 18, 25 (NO 7/4)

- 5:25pm-6:25pm (60 minutes) Ballet w/ Eleanor
- 6:30pm-7:30pm (60 minutes) Strength & Conditioning w/ Justin

Wednesdays July 12, 19, 26 (NO 7/5)

- 8:30am-9:45am (75 minutes) Ballet w/ Eleanor
- 10:00am-11:00am (60 minutes) Strength & Conditioning w/ Justin

Thursdays July 13, 20, 27 (NO 7/6)

- 5:40pm-6:40pm (60 minutes) Ballroom & Latin w/ Marty
- 6:45pm-7:45pm (60 minutes) Strength & Conditioning w/ Justin

AUGUST

August classes that don't meet the minimum contracted participant requirement will be cancelled on July 27th.

Mondays August 7, 14, 21 (NO 8/28)

- 8:30am-9:45am (75 minutes) Ballroom & Latin w/ Marty
- 10:00am-11:00am (60 minutes) Strength & Conditioning w/ Justin

Thursdays August 17, 24 (NO 8/3, NO 8/10, NO 8/31)

- 5:40pm-6:40pm (60 minutes) Ballroom & Latin w/ Marty
- 6:45pm-7:45pm (60 minutes) Strength & Conditioning w/ Justin

Class Fees are payable to PNIC and are as follows:

\$15/class for Bulk Contract Rate Discount (20+ ice sessions and/or classes per week)

\$18/class for Contract Rate Discount \$22/class for all Buy-Ons and Walk-Ins

Register On-Line at www.ThePettit.com, in person or by phone 414-935-4781