

SAMPLE Schedule of Summer Camp Activities from Past Years

Subject to Change- Updated Schedule for 2016 Coming Soon

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Check in	Check in	Check in	Check in	Check in
9:00 - 9:15	Greetings	Warmups	Warmups	Warmups	Warmups
9:15 - 9:45	Getting to know you bingo games	Obstacle Courses	East Rink Broomball (Practice)	Jump Ropes	Soccer Skills
9:45 - 10:00	Skates On	Skates On	Snack Break	Curling Orientation	Skates On
10:00 - 10:30	East Rink Basic Skills	East Rink Speed Skating	East Rink Broomball (Game)	East Rink Curling	East Rink Hockey
10:30 - 10:45	Snack Break	Snack Break	Skates Off		Snack Break
10:45 - 11:15	East Rink Free Time	East Rink Free Time	Track & Field	Snack Break, Skates On, Free Time (East Rink)	East Rink Exhibition Practice
11:15 - 11:30	Skates Off	Skates Off	TBA		Skates Off
11:30 - 12:15	Bean Bag Toss	Ladder Ball		Race/Relay	Make Their Own Olympic Medal
12:15 - 1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 - 2:00	Kickball	Street Hockey	Track & Field	Trivia Games	Field Games Festival
2:00 - 2:15	Skates On	Skates On	Skates On	Skates On	Skates On
2:15 - 2:45	East Rink Basic Skills	East Rink Basic Skills	East Rink Basic Skills	East Rink Basic Skills	East Rink Exhibition Practice
2:45 - 3:00	Snack Break	Snack Break	Snack Break	Snack Break	Exhibition (Snack after Exhibition)
3:00 - 3:30	East Rink Free Time	East Rink Free Time	East Rink Free Time	East Rink Exhibition Practice	
3:30 - 3:45	Skates Off	Skates Off	Skates Off	Skates Off	Skates Off
3:45 - 4:00	Games, if time allows	Games, if time allows	Games, if time allows	Games, if time allows	Games, if time allows
4:00	Pick-Up	Pick-Up	Pick-Up	Pick-Up	Pick-Up

*Stop by and see your child's skating skill progress; **exhibition on Friday at 2:45!!!**