

Pettit National Ice Center
COVID-19 Long Track Metric Racing Guidelines
Updated 2/4/2021

1. Competing athletes must self-monitor for COVID symptoms daily and be symptom free at skater check-in on race day.
2. Anyone who tested positive for COVID-19 twenty-one (21) days prior to their registered race must produce a Dr.'s release beforehand to clear them for participation.
3. Anyone who has had close contact with another person who has tested positive for COVID-19 or who is suspected to have COVID-19 pending test results should not enter the facility and self-quarantine per WI Health Department guidance for minimally 7-10 days after the last close contact. These persons would include, but are not limited to, parents/children, siblings, significant others, any person who resides in the same home, close training partners and coaches. ***Competitors participating in US Jr Championships the weekend of Jan. 23rd – 24th must follow the travel and testing policies put in place by USS. See [Applicable COVID-19 Protocol](#) on the USS Events page.***
4. Anyone traveling from out of town must adhere to their state and local health department's travel guidelines, including any restrictions and/or requirements to test or quarantine prior to and after traveling. ***Competitors participating in US Jr Championships the weekend of Jan. 23rd – 24th must follow the travel and testing policies put in place by USS. See [Applicable COVID-19 Protocol](#) on the USS Events page.***
5. Only on-line registrations, in advance per the deadline on the website, are permitted. Coaches, officials, and registered skaters will receive the start lists, schedule and results electronically via email.
6. Coaches may confirm entries on the Thursday morning before weekend time trials by previewing the Race Reports here: [Time Trials/Events](#).
7. Athletes must purchase in advance at the Front Desk, a pair of armbands (one red, one white) to use and put on themselves at metric competitions throughout the season. ***Athletes participating in US Jr Championships may borrow a pair of PNIC armbands and pick them up during the official practice session on Friday, January 22nd from 4-7pm, or on Saturday morning before races begin in the lobby. Failure to return armbands will result in a \$30 replacement fee.***
8. All persons entering the building must check-in at the lobby table.
9. Given the cap of 250 people being permitted in the building at one time, by the City Health Department, we must limit entry to two (2) parents per athlete for time trials on February 13th and 20th. Please check-in at the designated spectator's table in the front lobby, enter the arena through the middle doors, and sit in the bleachers at the far West end of the oval. No spectators allowed on the lower level or at Center Ice. Thank you for your understanding.
10. Everyone must wear masks while they are in the building and practice good physical distancing, as defined as at least 6ft apart on the infield and at least 10ft from each other on the back stretch of the ice. Disinfect any equipment (stop watches, lap boards, etc.) prior to sharing with another coach.
11. Athletes must wear masks that completely cover the mouth and nose while indoors, in all spaces, and when warming up both on and off the ice.
12. Like open pack sessions, athletes may use the spin bikes at the top of corner one (1) and/or jog on the running track with masks up. In consideration of others, you are requested to wipe down bikes and equipment with disinfectant wipes after each use. The capacity of the training room may not exceed ten (10) people and the door must remain propped with the box fan running.
13. Speed skaters from different clubs or training groups may not intermix.
14. Do not congregate inside or outside the training room before, during or after the event. Find your own space along the running track or in the bleachers and refrain from being at Center Ice unless you are preparing to compete (i.e. getting skates on and warming up on ice).

15. When at Center Ice, stay within the padded barrier that separates Center Ice from the Oval to maintain proper separation from hockey and figure skating activity.
16. To maintain social distancing, three people permitted per bench unless shared with those who live in the same household.
17. Athletes do not need to wear their mask during their race(s). Clearly label masks and store within your skin suit while racing or leave sealed in a Ziploc bag by the start line. Masks must go back on once you complete your race.
18. Athletes must continue to self-monitor for COVID symptoms for at least ten (10) days after the event and inform the race organizer immediately experiencing COVID symptoms that warrant a test.
19. Any official, coach or athlete may withdraw from the competition at any time if they deem the conditions pose an unacceptable risk to themselves.
20. Coffee will be available to volunteers on the main level inside the arena.

Always follow best practices. STAY HOME if you do not feel well. Wash your hands often, maintain an adequate distance, wear your mask, cover coughs and sneezes, clean and disinfect, monitor your health daily. Recognize that the procedures and protocols may not be convenient, yet it is necessary that they be followed precisely by every individual in the building. Pettit Center reserves the right to eject any individual who is not complying with the rules and policies above.

COVID-19: Re-Opening of the Pettit Center: www.thepettit.com/covid/